

Board of Directors Candidate Application Form

Date Submitted Thursday, June 5, 2025

Section 1: Candidate Information

Board Position Title President

Candidate Name (as on USMS Ed Coates registration)

Preferred Name Ed

LinkedIn Profile URL https://www.linkedin.com/in/ed-coates-hratx/

Profile Photo Upload



Section 2: Qualification Questions

I am a current USMS member in good standing in this election year.

Yes

I have completed ONE of the following in the past five years: A) Attended one or more annual meetings, B) Been on a standing committee or permanent committee of the Board of Directors, or C) Been a member of my LMSC Board of Directors.

Yes

USMS annual meetings attended in the last 5 years

	Year Attended	
2024		
2023		

1

	Year Attended
2022	
2021	
2020	

USMS standing or permanent committee(s) served on in the last five years

Committee(s)	
Governance	
Compensation and Benefits Committee	
Executive Committee	

LMSC Board position(s) served on in the last five years

	Position
South Texas LMSC Chair	

I plan to attend the Annual Meeting this year.

Yes

I plan to attend all Annual Meetings, Board of Director meetings, and other assigned meetings during my tenure.

Yes

I have the technological capability to fully participate in USMS videoconference meetings.

Yes

Section 3: Nomination and Recommendations

First Nominator and Recommender

Recommender 1: Name Recommender 1 LMSC

Peter Guadagni Pacific

Second Recommender

Recommender 2: Name Recommender 2 LMSC or N/A

Whitney Hedgepeth South Texas

Section 4: USMS Background

USMS Permanent Member Number 02NS9

USMS Profile URL https://www.usms.org/people/02NS9

Current LMSC

South Texas

Years as a USMS Member

33

Service at the LMSC Level

How many years have you served your LMSC?

10+

LMSC Service History

LMSC Position/Committee	Length of Service (Years)
Chair	14

Service at the Zone Level

How many years have you served at the Zone level?

10+

Zone Service History

Zone Position/Committee	Length of Service (Years)
Zone Committee member	14

Service at the National Level

How many years have you served at the National level?

10+

National Service History

National Position/Committee	Length of Service (Years)
Benefits and Comp committee	10
Governance Committee	4
At-Large Board member South Texas	3
VP of Local Operations	4
President	2

Section 5: General Questions for all Candidates

Please state why you are interested in serving on the USMS Board of Directors.

USMS has had a profound impact on my life through the friendships I've developed within the swimming community and the health benefits I've gained from swimming. I've personally experienced the value of USMS's mission, and my desire to serve on the Board is rooted in a commitment to help USMS continue empowering adults to improve their lives through swimming. I want to give back to the organization that has given me so much—by helping it thrive, grow, and serve its members and the broader community.

My volunteer service at both the local and national levels, combined with professional leadership experience, has prepared me to help lead USMS into the future. These roles have provided me with a deep understanding

of USMS's governance and operations. Additionally, my experience serving on other boards and in leadership roles equips me with the knowledge and insight to support the Board of Directors in the role of President.

Please share a personal story about what USMS's mission means to you.

The USMS mission—to empower adults to improve their lives through swimming—has enriched my life in countless ways. As a member for over 30 years, I've built lifelong friendships that bring me joy and support. When I moved to Austin three decades ago, a conversation with a lane mate led to a job opportunity, launching a successful career as an HR executive. I've witnessed many examples of this camaraderie in USMS.

USMS has also helped me manage my health. I've lived with coronary artery disease for over 20 years, and swimming has been critical to maintaining a healthy lifestyle and monitoring my well-being. In fact, swimming has quite literally saved my life. When fellow USMS members face health challenges, I'm able to offer encouragement and share my experience, showing that it's possible to keep swimming and thriving.

My goal is to help USMS grow so that more members can share their own stories about the life-changing benefits of our mission.

What do you consider to be USMS's greatest opportunities for the next 2-4 years? How might the Board support these opportunities?

New Products:

The acquisition of Grown-Up Swimming (GUS) in 2023 expanded our offerings to new audiences and diversified our revenue streams. GUS has grown significantly since joining the USMS family and holds great promise for continued impact and growth.

New Partnerships:

Following the success of our partnership with USA Swimming during the 2024 Olympic Trials—one of the most inspiring swimming experiences of my life—we should continue seeking collaborations with other aquatics organizations to expand our reach and enhance member benefits. Partnerships like these elevate the experience of our events and help us grow our community.

Sustainable Governance and Modernization:

USMS must continue evolving its governance and operational structures to remain agile and competitive. Serving nearly 60,000 members with a multi-million-dollar budget, a staff of over 15, and hundreds of volunteers, we must balance innovation with oversight. We need modern systems and practices to seize new opportunities while safeguarding our brand and resources.

The Board should encourage staff to pursue these opportunities and provide the resources, support, and strategic guidance needed for success.

Section 6: Position-Specific Questions

What makes you a good candidate for USMS president? What skills, experiences, and attributes do you have that will contribute to the success of USMS?

I bring extensive USMS leadership experience, having served as an at-large Board member, VP of Local Operations, and most recently, as President for two years. These roles have given me a comprehensive understanding of USMS governance and operations.

Professionally, my career as an HR executive sharpened my skills in strategic thinking, organizational leadership, and governance—skills directly relevant to this role. I've applied this experience to lead USMS initiatives such as chairing the Compensation and Benefits Committee, serving on multiple task forces, and modernizing the election process through collaboration with the Elections Committee.

Additionally, I maintain a broad professional network, which I've tapped to support USMS—including identifying legal counsel to assist the organization.

Describe an experience of how you have (or would have) communicated with and motivated a team of diverse individuals with varying skill sets and backgrounds.

Throughout my professional career, I've led many successful teams. One of my proudest moments was

leading the deployment of a new HR and Finance system in under seven months. This complex project required coordination across departments, external consultants, and executive leadership. I communicated clear goals and timelines, gathered input for decision-making, and ensured the team felt supported throughout the process. The project launched on time, on budget, and successfully—everyone received their paycheck on the first payroll.

As USMS Board President, I've used these same skills to lead and motivate our Board. A recent example includes leading the acquisition of Grown-Up Swimming. I ensure the Board had access to the necessary information and people was we discussed the purchase. I worked with staff to clearly communicate the benefits and structure of the partnership, which earned the Board's confidence and support.

Section 7: Agreements and Submission

Election Operating Guidelines	Accepted
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Board Standards Accepted

Conflict of Interest Policy and Accepted

Questionnaire

Code of Conduct Accepted

Unsporting Conduct Accepted

Attestation Accepted

Consent to Publish Accepted

Consent to Run Accepted

Signature

Date Signed Thursday, June 5, 2025



Board of Directors Nomination/Recommendation Form

Submitted on Friday, June 6, 2025

Section 1: Nominator/Recommender Information

Name Peter Guadagni

LMSC or N/A Pacific

Zone or N/A Oceana

USMS Permanent Member Number 03GFZ

Section 2: Candidate Information

Board Position Title President

Candidate Name (as on their USMS

registration)

Coates Ed

Section 3: Nomination & Recommendation

How do you know the candidate?

Ed and I have served together on the USMS Board of Directors since 2017 and its Executive Committee since 2019.

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?

It is an honor and pleasure to nominate and recommend Ed Coates to continue as president of U.S. Masters Swimming.

Ed's long service as a volunteer leader at the club, LMSC, and national level compelled me to support his candidacy two years ago. Now, as he nears the end of his first term, his performance has confirmed we made the right choice in electing him as the organization's president. Board meetings are conducted efficiently, focused on oversight of the professional staff and pursuing our strategic plan, while providing for ample opportunity for discussion. Under his leadership, we have continued to review and strive to improve our policies and processes always with the goal of making USMS a nimbler organization that is responsive to member and volunteer needs. As examples, we have updated our elections procedures, increased board communication to LMSC leaders, and revised our grievance procedures.

Ed has the knowledge, skills, and passion to lead USMS into the future. I encourage you to join me in supporting his continued service as president of U.S. Masters Swimming.

Section 4: Agreements & Submission

Nominator/First Recommender

Accepted

Attestation

Accepted

Consent to Publish

Accepted

Signature

Peter Gundagni

Date Signed

Friday, June 6, 2025



Board of Directors Nomination/Recommendation Form

Submitted on Thursday, June 5, 2025

Section 1: Nominator/Recommender Information

Whitney Hedgepeth Name

LMSC or N/A South Texas

Zone or N/A Southwest

02NXX USMS Permanent Member Number

Section 2: Candidate Information

Board Position Title President

Candidate Name (as on their USMS

registration)

Ed Coates

Section 3: Nomination & Recommendation

How do you know the candidate?

I have been the head masters coach at Longhorn Aquatics since 2004. Ed has been a member and leader of this group before I came along. I get the pleasure of coaching him 4/5 times per week.

What makes this person a good candidate for this position? What skills, experiences, or attributes do they bring that will contribute to the success of USMS in this role?

I would like to recommend Ed Coates for reelection to the position of President of the USMS Board of Directors. Ed has been a tremendous asset to the Longhorn Aquatics team, of which he has been a continuous member since 1993. He is our team leader and the person who keeps things running smoothly within our program.

Ed is always the first to welcome new members at practice and the loudest cheerleader on deck when his teammates are in the water. He works hard at events to ensure that all attendees feel included—organizing relays for the entire team and planning team outings. He played a key role in encouraging 85 of our members to attend Spring Nationals in San Antonio.

Ed has also inspired team members to volunteer and get involved in local and national USMS committees. His past leadership of the South Texas LMSC was outstanding, as he consistently kept members informed about local meets, membership renewals, and upcoming Masters events.

Ed swims 4-5 days per week with the Longhorn Masters group and regularly attends Masters Nationals, where he actively promotes the sport he loves.

Section 4: Agreements & Submission

Second Recommender

Accepted

Attestation

Accepted

Consent to Publish

Accepted

Signature

Date Signed

Thursday, June 5, 2025